

Cynulliad Cenedlaethol Cymru | National Assembly for Wales

Y Pwyllgor Plant, Pobl Ifanc ac Addysg | Children, Young People and Education Committee Ymchwiliad i

Gwella Iechyd Emosiynol ac Iechyd Meddwl Plant a Phobl Ifanc - Gwybodaeth

Bellach | Inquiry into The Emotional and Mental Health of Children and Young People - Further Information

EMH FI 11

Ymateb gan: Gwasanaeth Cyswllt mewn Argyfwng CAMHS - Abertawe, Castell-nedd Port Talbot a Phen-y-bont ar Ogwr

Response from: CAMHS Crisis Liaison Service - Swansea, Neath Port Talbot and Bridgend

WHERE WE ARE NOW.....

**CRISIS CAMHS LIAISON SERVICE
SWANSEA, NEATH PORT TALBOT AND BRIDGEND**

INTRODUCTION

- ◉ The aim of the presentation is to share with you where we are now and where we hope to be over the following year
- ◉ Core functions of the Crisis CAMHS Liaison Service
- ◉ Current data and feedback
- ◉ Vision for the Crisis Team

WHO ARE WE ?

WE ARE A NURSE LED TEAM

- ◉ Claire Berry and Mel Jones, Team Lead's
 - ◉ Dave Smith, Crisis Liaison Nurse
- ◉ Sharon Coleman, Crisis Liaison Nurse
 - ◉ Kelly O'Reilly, Crisis Liaison Nurse
- ◉ Donna Williams, Crisis Liaison Nurse
 - ◉ Maria Ali, Crisis Liaison Nurse
- ◉ Claire Davies, Crisis Liaison Secretary

We aim to provide a quality service for children and young people who present in crisis with an acute mental health need that requires an urgent health assessment and plan of care.

CORE FUNCTIONS OF THE CAMHS CRISIS LIAISON TEAM INCLUDE:

A rapid response in offering specialist mentalhealth assessments to children/young people who are in crisis such as those who present with *an imminent risk* of

- ◉ harm to self or others;
- ◉ severe mood disorder;
- ◉ acute psychotic disorder;
- ◉ severe eating disorder

CORE FUNCTIONS OF THE CAMHS CRISIS LIAISON TEAM INCLUDE:

Providing liaison, consultation and specialist training in the care of children and young people with mental health problems to health colleagues and partner agencies

**Our target is to see
referrals within 48 hours**

SERVICE DEVELOPMENT

- ◉ The service started out Monday-Friday, 9am-5pm completing assessments only within general hospital sites within ABMU locality
- ◉ GP referrals started in September 2016 (screened by generic CAMHS)
- ◉ From the 6th of February 2017, service moved to long days 9:00am-9:30pm, Monday - Friday
- ◉ December 2018, we started to operate as a 7 day service

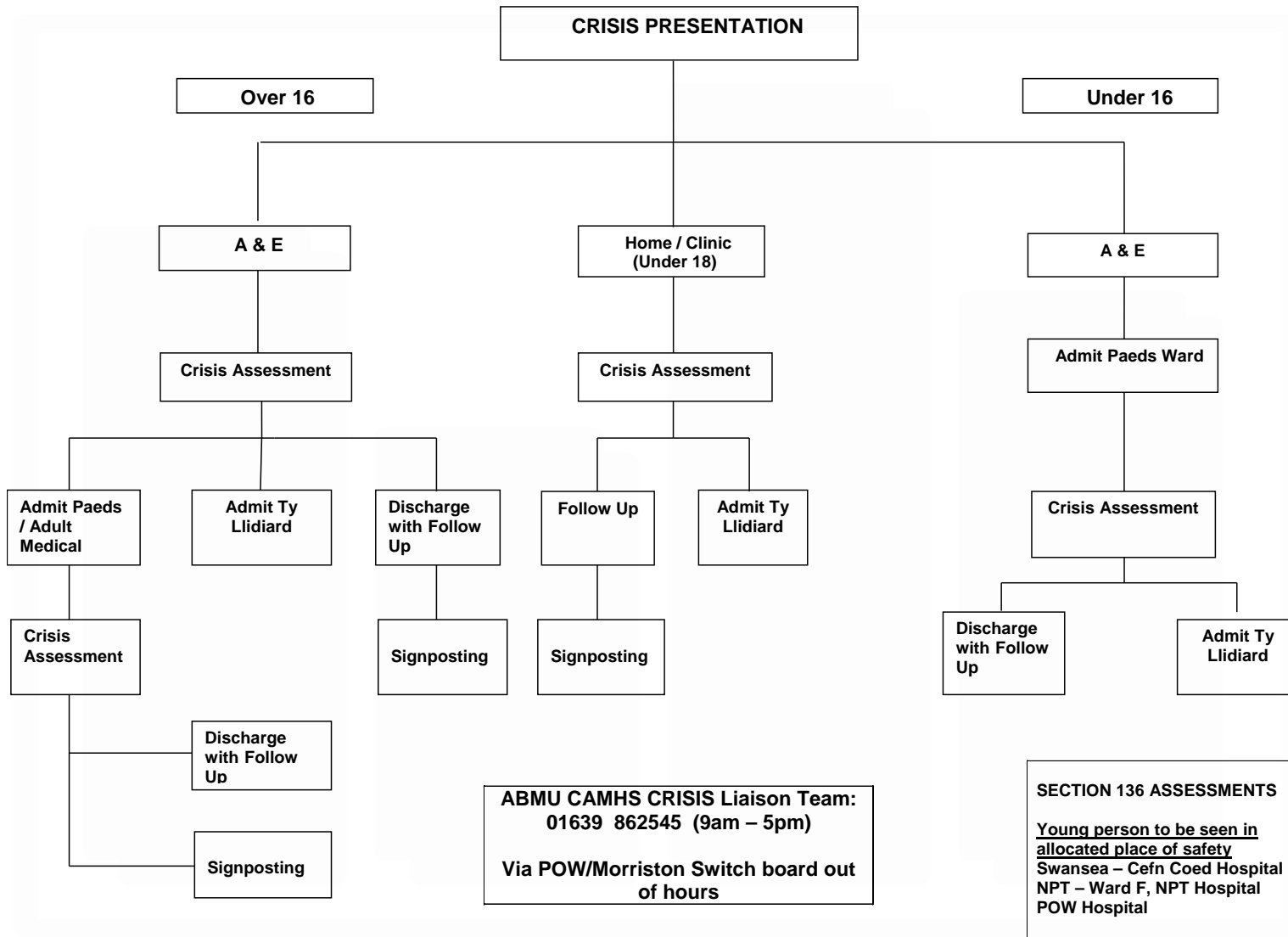
GP PATHWAY TO CAMHS CRISIS TEAM

- ◉ Refer into Bridgend, Neath Port Talbot, Swansea CAMHS Clinics
- ◉ Generic CAMHS clinician (duty person) in each clinic will screen referrals (letter and telephone calls)
- ◉ If referral requires urgent intervention (within 48hrs) the generic team will refer to CAMHS Crisis Liaison Team (01639 862534)
 - ◉ If a GP contacts the generic CAMHS team raising concerns about a child or young person who is currently OPEN to the team - the generic team will look to manage the case

GP PATHWAY TO CAMHS CRISIS TEAM

- ◉ After 5pm, we take referrals via ABMU switchboard directly from out-of-hours GP
- ◉ If it is decided by the CAMHS Crisis Team that the child and young person requires an urgent assessment that evening - arrangements will be made to meet at one of the general hospitals located within ABMU locality sites

HOSPITAL ASSESSMENTS



CAMHS CRISIS DATA

CAMHS CRISIS REFERRALS

APRIL 2016 - OCTOBER 2017

MONTH	NUMBER OF REFERRALS	REFERRALS SEEN WITHIN 48 HOURS
April 2016	22	20
May 2016	21	21
June 2016	35	35
July 2016	18	17
August 2016	19	17
September 2016	35	34
October 2016	39	36
November 2016	34	32
December 2016	22	20
January 2017	41	39
February 2017	47	47
March 2017	71	69
April 2017	43	43
May 2017	54	51
June 2017	65	61
July 2017	47	47
August 2017	20	19
September 2017	54	53
October 2017	35	33
November 2017	46	45

Total

768

739

WHERE DO OUR
REFERRALS COME
FROM?

Started accepting urgent GP referrals in September 2016	Hospital Consultant Referrals (A&E, Minor Injury Dept and Ward settings)	GP Referrals	Weekend/Out of hour AMH/CAMHS referrals	Total number of referrals
September 2016	28	7	0	35
October 2016	27	10	2	39
November 2016	22	7	5	34
December 2016	15	7	0	22
January 2017	27	12	2	41
February 2017	31	15	1	47
March 2017	43	21	7	71
April 2017	30	9	3	42
May 2017	33	16	5	54
June 2017	42	21	2	65
July 2017	25	17	5	47
August 2017	17	1	2	20
September 2017	37	12	5	54
October 2017	20	10	5	35
November 2017	28	11	7	46
Total	425	176	51	652

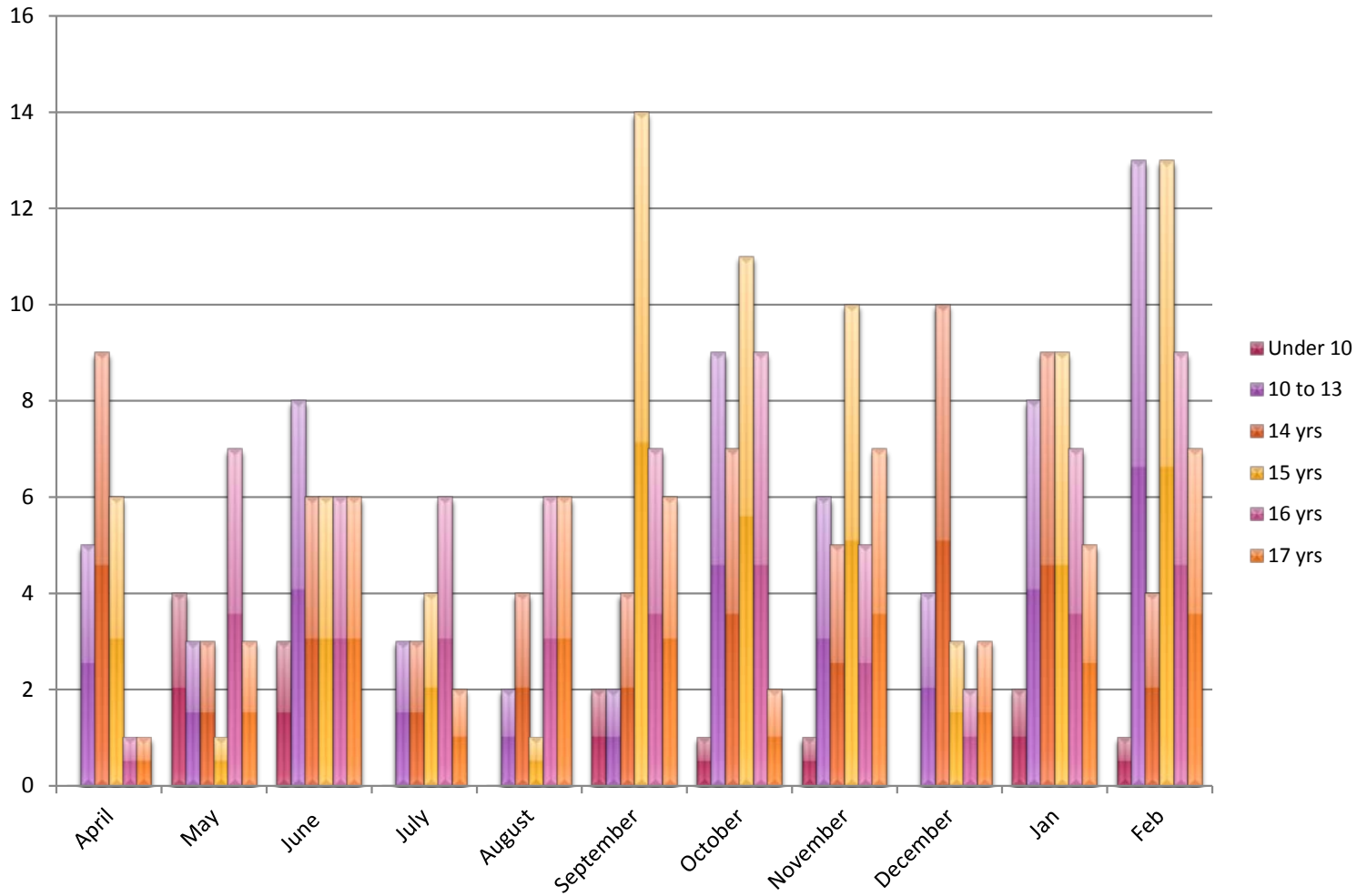
AGES OF THE
CHILDREN AND
YOUNG PEOPLE
WHO WE SEE....

CAMHS CRISIS DATA

APRIL 2016 - JULY 2017

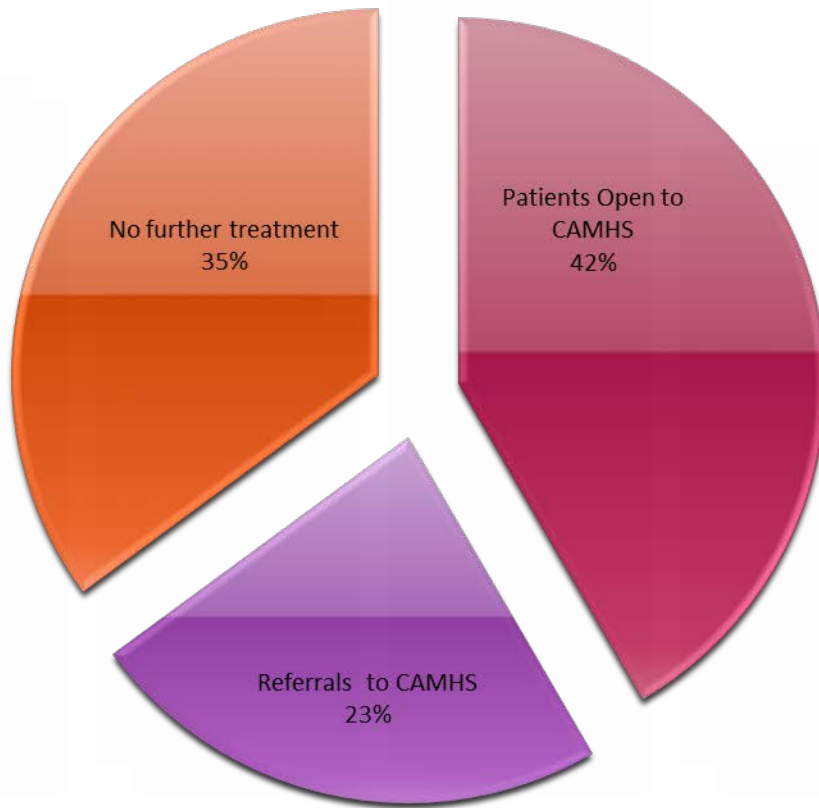
Month	Under 10yrs	10 - 13yrs	14 yrs	15 yrs	16 yrs	17 yrs	Total
April 2016	0	5	9	6	1	1	22
May 2016	4	3	3	1	7	3	21
June 2016	3	8	6	6	6	6	35
July 2016	0	3	3	4	6	2	18
August 2016	0	2	4	1	6	6	19
September 2016	2	2	4	14	7	6	35
October 2016	1	9	7	11	9	2	39
November 2016	1	6	5	10	5	7	34
December 2016		4	10	3	2	3	22
January 2017	2	8	9	9	7	5	40
February 2017	1	13	4	13	9	7	47
March 2017	4	19	10	18	13	7	71
April 2017	0	7	6	12	8	10	43
May 2017	0	7	12	12	13	10	54
June 2017	1	17	13	13	10	11	65
July 2017	0	9	7	8	9	14	47
TOTAL	19	122	112	141	118	100	612

STATISTICS OF ASSESSMENTS: AGES



AREA OF RESIDENCE

MONTH	SWANSEA	BRIDGEND	NPT	OUT OF AREA	TOTAL NUMBER OF REFERRALS COMPLETED
April 2016	10	8	4	0	22
May 2016	9	9	3	0	21
June 2016	16	12	7	0	35
July 2016	9	5	3	1	18
August 2016	13	2	4	0	19
September 2016	17	13	5	0	35
October 2016	20	8	11	0	39
November 2016	12	15	5	2	34
December 2016	8	7	6	1	22
January 2017	11	22	7	0	40
February 2017	21	17	8	1	47
March 2017	26	18	26	1	71
April 2017	18	17	7	1	43
May 2017	23	21	9	1	54
June 2017	30	21	11	3	65
July 2017	28	12	6	1	47
TOTAL	271	207	122	12	612



SNAP SHOT OF FIGURES

JAN - JULY 2017

Month	Total number of Referrals	Patients Open to CAMHS	Patients on CAMHS W/L	Referrals made to CAMHS	Patients requiring no Further Treatment	
Jan 2017	40	9	6	9	16	40
Feb 2017	47	16	6	7	18	47
March 2017	71	15	14	10	32	71
April 2017	43	14	2	9	18	43
May 2017	54	13	9	14	18	54
June 2017	65	12	7	8	38	65
July 2017	47	13	5	8	21	47

SAFEGUARDING WITHIN CRISIS

- ◉ We arrange and attend Strategy meetings in order to share information with other agencies and to ensure a safety plan is in place
- ◉ We complete the WARRN risk assessment for the child and also an additional assessment if the child is at risk
- ◉ DASHBOARD
- ◉ <http://www.cwmtafsafeguarding.org/children/professionals/policies-and-procedures/>

CURRENT CRISIS SERVICE OVERVIEW:

- ◉ Monday -Friday Service
- ◉ 9am - 9.30pm
- ◉ Cut off point for hospital and GP referrals will be 8pm;
- ◉ telephone consultation after 8pm
- ◉ 2 nurses on duty for each long shift with access to on-call medical cover if required

CURRENT CRISIS SERVICE OVERVIEW:

We work within a systemic approach

We provide high quality Nurse led mental health care which includes:

- ◉ initial assessment appointment - within 48 hours of referral being received by our service
- ◉ comprehensive mental health & risk assessments
- ◉ Follow up and support
- ◉ liaison and consultation with other professionals and members of the children's workforce
- ◉ training to other services and professionals

CURRENT CRISIS SERVICE OVERVIEW:

- ◉ We remain involved with the child/yp/family until the acute episode is resolved and ensure that they are linked into ongoing care if appropriate.
- ◉ School meetings are very successful and this ensures the young person is supported in school as well as at home

CURRENT CRISIS SERVICE OVERVIEW:

- ◉ We also refer to adult mental health services when we have concerns about parents' mental health
- ◉ Joint working has provided all the teams involved with a more holistic view of the child and family

CURRENT CRISIS SERVICE OVERVIEW

- ◉ We have quarterly meetings with A&E, Safeguarding, Police and Adult Crisis Services
- ◉ We have linked in with the army welfare
- ◉ We have strong links with the adult mental health services
- ◉ Our aim is to do teaching to our colleagues in general hospitals

DEVELOPING THE NURSE LED SERVICE

- ◉ Currently in discussions with Tier 4 CAMHS regarding the pathway to admitting a yp into Ty Llidiard inpatient service in order to reduce the amount of assessments and stages prior to a child being admitted.
- ◉ We are in the process of completing our operational policy

DEVELOPING THE NURSE LEAD TEAM

- We are currently collecting feedback data from other professionals to see what we are doing well and what areas can improved
- We will be meeting with the ABM Youth Board to request their input in producing child/young person/parent friendly feedback questionnaires and CAMHS Crisis Liaison information leaflets

DEVELOPING THE NURSE LEAD TEAM

- ◉ We aim to work with the adult liaison mental health team within the general hospitals in order to provide joined-up approach for those young adults who aged 17yrs+ (this is currently proving difficult) (17yrs 9mths)